



# Hanbury's Farm Community Primary School



Federated with Oakhill Community Primary School

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Dear parents/carers,

All primary schools with a primary phase need to provide:

- **Relationships education**
- **Health education**

The DfE Guidance 2019 (p.23) recommends that all primary schools 'have a sex education programme tailored to the age and the physical and emotional maturity of the pupils.

Schools are to determine the content of sex education at primary school. Sex education 'should ensure that both boys and girls are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born'.

This half term, the children will be taught the 'Changing Me' unit of work in all year groups. Below is an overview of the content covered in each of the weekly lessons, so that if your child comes home talking about the lessons or asking any questions you are aware of content which may have been covered that day.

**We will be holding a relationship workshop on Wednesday 14<sup>th</sup> June first thing in the morning at 9am for any parents/carers that would like further details about this.**

Year group	Changing Me Units next term.
Nursery and Reception	<ul style="list-style-type: none"><li>• Know the names and functions of some parts of the body (see vocabulary list)</li><li>• Know that we grow from baby to adult</li><li>• Know who to talk to if they are feeling worried</li><li>• Know that sharing how they feel can help solve a worry</li><li>• Know that remembering happy times can help us move on</li></ul>
Year 1	<ul style="list-style-type: none"><li>• I am starting to understand the life cycles of animals and humans</li><li>• I can tell you some things about me that have changed and some things about me that have stayed the same</li><li>• I can tell you how my body has changed since I was a baby</li><li>• I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, anus</li><li>• I understand that every time I learn something new I change a little bit</li><li>• I can tell you about changes that have happened in my life</li></ul>

Year 2	<ul style="list-style-type: none"> <li>• I can recognise cycles of life in nature</li> <li>• I can tell you about the natural process of growing from young to old and understand that this is not in my control</li> <li>• I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old</li> <li>• I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina, anus) and appreciate that some parts of my body are private</li> <li>• I understand there are different types of touch and can tell you which ones I like and don't like</li> <li>• I can identify what I am looking forward to when I move to my next class</li> </ul>
Year 3	<ul style="list-style-type: none"> <li>• I understand that in animals and humans lots of changes happen from birth to fully grown, and that usually it is the female who has the baby</li> <li>• I understand how babies grow and develop in the mother's uterus</li> <li>• I understand what a baby needs to live and grow</li> <li>• I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies</li> <li>• I can identify how boys' and girls' bodies change on the outside during this growing up process</li> <li>• I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up</li> <li>• I can start to recognise stereotypical ideas I might have about parenting and family roles</li> <li>• I can identify what I am looking forward to when I move to my next class</li> </ul>
Year 4	<ul style="list-style-type: none"> <li>• I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm</li> <li>• I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby</li> <li>• I understand what responsibilities there are in parenthood and the joy it can bring</li> <li>• I can consider what has influenced my life and what might influence the lives of other people</li> <li>• I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this</li> <li>• I know how the circle of change works and can apply it to changes I want to make in my life</li> <li>• I can identify changes that have been and may continue to be outside of my control that I learnt to accept</li> <li>• I can identify what I am looking forward to when I move to a new class</li> </ul>
Year 5	<ul style="list-style-type: none"> <li>• I am aware of my own self-image and how my body image fits into that</li> <li>• I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally</li> <li>• I can describe how boys' and girls' bodies change during puberty</li> <li>• I understand that sexual intercourse can lead to conception and that is how babies are usually made</li> <li>• I also understand that sometimes people need IVF to help them have a baby</li> <li>• I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent)</li> <li>• I can identify what I am looking forward to when I move to my next class.</li> </ul>
Year 6	<ul style="list-style-type: none"> <li>• I am aware of my own self-image and how my body image fits into that</li> <li>• I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally</li> <li>• I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born</li> <li>• I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/ boyfriend</li> </ul>

	<ul style="list-style-type: none"><li>• I know myself well enough to maintain positive relationships with others whilst still keeping my own identity</li><li>• I am aware of the importance of a positive self-esteem and what I can do to develop it</li><li>• I can identify what I am looking forward to and what worries me about the transition to secondary school /or moving to my next class.</li></ul>
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All of these lessons will be taught to the whole class, but there may be additional sessions where the boys and girls may separate to discuss any questions further.

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory Relationships and Sex Education. In order to teach this in a scientific context, and knowing that National Curriculum Science requires children to know how mammals reproduce, we have also opted to teach this within our Science curriculum. **The parent right to withdraw their child is not applicable to material taught in Science.**

If you are unable to make the parent workshop and have any questions, please do get in contact with the school office.

Yours sincerely

Mrs Gripton

Executive Head Teacher

Mrs McAllister

PSHE Lead